Developing Motivation/Self-Concept

General Objectives
1. To understand the psychological theories behind self-esteem and motivation in children of preschool, elementary, middle school, and high school age.
2. To recognize that potential of applying motivational theories to the classroom in order to dramatically increase student productivity.
3. To recognize the symptoms and implement intervention solutions for learned helplessness (a result of poor self-esteem).

Specific Objectives
1. To show the relationship of various learning styles to student motivation.
2. To list and define the symptoms of learned helplessness and how it relates to poor self-esteem.
3. To describe the issues of self-esteem and poor motivation as related to gender.
4. To demonstrate teaching strategies that would be appropriate to different learning modalities.
5. To show how teaching absolute values build self-esteem and motivation.
6. To plan lessons which build a positive self-concept in students.
7. To present management techniques which students can employ in reducing conflicts.

Activities
1. School, district, and university workshops and conferences which will be held with individual and group activities.
2. Assigned readings and discussions.
3. Demonstration Lessons in the classrooms.
4. Visits to model classrooms and schools.

Evaluation
1. Pre and post tests or other written assignments.
2. Lessons observed by consultant, peer teacher, or administrative personnel.
3. Observed demonstrations in workshops.
4. Participants will complete a workshop evaluation form.