

Study Skills Instruction

60 Inservice Points

Component No. 2 008 004

General Objectives

1. To understand the theories behind the use of study skills instruction for elementary, middle school, and high school students.
2. To develop the components of a study skills instructional program.
3. To implement a study skills program at the elementary, middle school or high school level.

Specific Objectives

1. To describe the principles of teaching and the human brain.
2. To list and define the attributes and potentials of the human brain.
3. To list and define the multiple (7) intelligences and describe ways a student could use their learning strengths as a study skills tool: spatial, body-kinesthetic, musical, interpersonal, intrapersonal, linguistic, mathematical.
4. To design study skill approaches which will make use of both memory systems: taxon and locale.
5. To explore the possibilities of the use of learning styles in producing a more efficient study skills approach for the student.
6. Practice effective listening and memory strategies.
7. Explore ways to use textbooks and study guides efficiently.
8. Train in time management and organization for study.
9. Teach note-taking, underlining, outlining, summarizing and mapping skills.
10. How to use resources for research reporting and proofreading.
11. Train in test-taking strategies.

Activities

1. School/district workshops will be provided throughout the school year including group activities and individual training programs.
2. Handouts, demonstration lessons, laboratory school visits, team teaching, videotapes and discussions will be some of the approaches to designing a study skills instructional program.

Evaluation

1. Pre and post tests where appropriate.
2. Designing lesson plans in one specific area of study skills training.
3. Monitored lesson piloted in the classroom and evaluated by the consultant, a peer coach, or an administrator.
4. School-wide study skills instructional plan developed by a teacher or administrator and evaluated by the consultant.
5. Participant will complete a workshop evaluation form.

