

Skills in Developing Self-Concepts

20 Inservice Points

Component No. 2 414 001

General Objective

1. Develop a clear understanding of the symptoms of teen depression and suicide.
2. Recognize how these same symptoms are now present in elementary children.
3. Building into the school intervention programs which teach coping mechanisms and strong positive self-esteem.
4. Developing resources that meet the emotional and needs of the children represented in the school.

Specific Objective

1. Discuss the problem of child and suicide.
2. List the crisis signals which can alert a staff to a potential to potential suicide.
3. Identify elements of healthy self-concept.
4. Design intervention strategies to meet the child in crisis.
5. Design guidance activities that help children cop with the increasing pressures of family and school life.

Activities

1. Lecture/discussion
2. Use of first hand accounts from family members who have experienced the crisis of suicide.
3. Handouts describing crisis periods in a child's life
4. Review crisis symptoms of the suicidal personality.
5. Practice lesson plans which help children to develop good attitudes.

Evaluation

1. Pre and post test where applicable.
2. Participant will complete a workshop evaluation.

