

Myers-Briggs: A Program for Improving Interpersonal Communication Skills

10 Inservice Points

Component No.4 411 001

General Objective

To improve/increase cultural and personal understanding through recognition of both likenesses and differences in personality types.

Specific Objectives

After attending this workshop, participants will:

1. Demonstrate knowledge of the various personality types as measured by the Myers-Briggs.
2. Demonstrate knowledge of how various personality types "see" the world.
3. Demonstrate understanding of how group dynamics are affected by individual personality types.
4. Demonstrate how knowledge of Types is helpful in resolving conflict.
5. Analyze how knowledge of Types can be used to become more effective teachers.
6. Apply knowledge of Types to enhance classroom learning.

Activities

The workshop will begin with the administration of the Myers-Briggs Type Indicator Instrument. When scoring is completed, the workshop will include a discussion on the information derived, an examination of type preferences, an analysis of the dynamics of interpersonal and group relationships, a discussion on type relationship to learning/teaching styles and classroom strategies.

Evaluation

1. Participants will demonstrate increased knowledge and skill on 80% of the specific objectives. Pre/post tests correlated to specific objectives will be the evaluative procedure.
2. Participants will evaluate the component by completing the professional development evaluation form.

Duval County, July 1996

