Developing Motivation/Self-Concept

30 Inservice Points

Component No. 5 421 001

General Objectives

- 1. To understand the psychological theories behind self-esteem and motivation in children of preschool, elementary, middle school, and high school age.
- 2. To recognize that potential of applying motivational theories to the classroom in order to dramatically increase student productivity.
- 3. To recognize the symptoms and implement intervention solutions for learned helplessness (a result of poor self-esteem).

Specific Objectives

- 1. To show the relationship of various learning styles to student motivation.
- 2. To list and define the symptoms of learned helplessness and how it relates to poor self-esteem.
- 3. To describe the issues of self-esteem and poor motivation as related to gender.
- 4. To demonstrate teaching strategies that would be appropriate to different learning modalities.
- 5. To show how teaching absolute values build self-esteem and motivation.
- 6. To plan lessons which build a positive self-concept in students.
- 7. To present management techniques which students can employ in reducing conflicts.

Activities

- 1. School, district, and university workshops and conferences which will be held with individual and group activities.
- 2. Assigned readings and discussions.
- 3. Demonstration Lessons in the classrooms.
- 4. Visits to model classrooms and schools.

Evaluation

- 1. Pre an post tests or other written assignments.
- 2. Lessons observed by consultant, peer teacher, or administrative personnel.
- 3. Observed demonstrations in workshops.
- 4. Participants will complete a workshop evaluation form.

