

Cardio-Pulmonary Resuscitation (CPR)

10 Inservice Points

Component No. 6 414 002

General Objectives

1. To certify teacher, staff personnel, and athletic coaches with life-saving techniques.
2. To certify participants in the correct CPR procedures.
3. To demonstrate life-saving techniques in different student situations.

Specific Objectives

1. To certify participants in the correct CPR procedures
2. To demonstrate life-saving techniques in different student situations.

Activities

1. To participate in a course taught by a trained CPR instructor or in the CPR modular course (Red Cross).
2. To demonstrate proficiency on a CPR performance and written test sufficient enough to qualify for a Heart Saver or Basic Rescuer Card, and to identify strategies for utilizing the technique in terms of teaching and coaching responsibilities.

Evaluation

1. Post test to determine proficiency in CPR performance in order to qualify for a Heart Saver or Basic Rescuer Card.
2. Observed demonstration in workshop, classroom, or athletic site.
3. Participant will complete a workshop evaluation form.

